

**NEWSLETTER**  
**Sunday 17<sup>th</sup> March 2024**

**Church Office** 01253 823904 // [allsaintsanchorsholme@gmail.com](mailto:allsaintsanchorsholme@gmail.com)  
**Vicar Rev. Anthony Barnshaw** 01253 858654 // [anthony.barnshaw@btinternet.com](mailto:anthony.barnshaw@btinternet.com)  
[www.allsaintsanchorsholme.com](http://www.allsaintsanchorsholme.com) Charity no. 1132756

**Prayer List:** Dave, Tony C, Catherine, Carey, Pat and Clive, Richard, Christine, Jan, Ann W, Julie B, Sheila W, Tom, Leo, Jane, Lorraine and Paul, Alan's family.

Mon	18th	10.00	Adult Holiday Club	19.30	Table Tennis
				19.30	Nexus
Tue	19th	10.00	Adult Holiday Club	13.30	Prayer 613
		10.00	DCF		
Wed	20th	10.00	Adult Holiday Club	13.15	Toddlers
Thu	21st	10.00	Adult Holiday Club	13.30	Prayer 613
Fri	22nd	10.00	Adult Holiday Club	19.30	Youth Club
Sat	23rd			14.00	Kidzone
Sun	24th	09.00	Holy Communion	18.30	Holy Communion
		10.30	Palm Sunday Service		

**Sunday 24<sup>th</sup> March 2024** This is a House Group week

Mon	25th			19.30	Table Tennis
Tue	26th	10.00	Olive Branch	19.00	Pop up Ukes
Wed	27th	10.00	Silent Prayer		
		13.15	Toddlers		
Thu	28th	13.30	Funeral Alan Sayburn	19.00	Maundy Thursday
Fri	29th	10.00	Good Friday Service		
Sat	30th				
Sun	31st	06.30	Sunrise Service	10.30	Easter Communion
		09.00	Holy Communion	18.30	Evening Service

**Spring Fling**

ALL SAINTS CHURCH,  
NORTH DRIVE/ VALEWAY AVE, FY5 3HT

**19th - 22nd March 2024**  
**10am - 1.30pm**

**£2.50**  
a day

**A FUN WEEK FOR ADULTS**  
(Sorry, we can't accommodate children.)

**Crafts, Jigsaws, Table tennis, Board games, Chairobics and more...**

**Tea / Coffee and Biscuits on arrival; Soup and Roll lunch with Home-made Cake.**

**All Saints Anchorholme**

For more info: [allsaintsanchorholme@gmail.com](mailto:allsaintsanchorholme@gmail.com) 01253 823904  
or call Judith on 01253 895688

**Due to the Spring Fling** the following events have been cancelled: -

- Olive Branch
- Mid-week Communion
- Footsteps
- Dorcas
- Prayer Meeting (Friday)
- Connect More

**The Leprosy Mission Coffee Morning** to everyone who contributed to help raise £966.89. It was a great response for the 150-year anniversary. Thank you so much, Margaret Higgin.

**Here's a notice from Ken Wong** : Our next "pray every season" & Saline solution (spiritual care) meeting is on 20/3/24 2030-2110

Inviting-

CMF Cardiology and CMF Blackpool (welcoming CMF Morecombe bay & Preston & All Saints Anchorholme church friends who are interested in healthcare and chaplaincy support).

Join Zoom

Meeting <https://gbr01.safelinks.protection.outlook.com/...>

Meeting ID: 960 371 9734

Passcode: John316



KIDZONE PRESENTS

# Easter Egg-citement!

**SATURDAY 23RD MARCH 2024  
2-4PM**

**For Kids aged 4-11 years old**

(Leave your children with us for the event, or wait in the parents room with free refreshments.)

**Only £2 per child**

**SONGS - CRAFTS - GAMES  
STORY TIME - MESSY CHALLENGE**



Booking advisable. Telephone: 01253 823904

Email: [allsaintsanchorsholme@gmail.com](mailto:allsaintsanchorsholme@gmail.com)

All Saints Church, North Drive / Valeway Ave, Thornton-Cleveleys, FY5 3HT



## Easter Services

Celebrate the good news of Easter at All Saints Anchorsholme,  
your local church, where everyone is welcome.

**Sunday 24th March 10:30am Palm Sunday Celebration**

**Thursday 28th March 7pm Maundy Thursday**

**Friday 29th March 10am Good Friday Service**

### **Easter Sunday 31st March 2024**

**6:30am Sunrise Service on the Beach (Opposite Vue Cinema)**

**9am Resurrection Sunday Communion**

**10:30am Family Worship with Communion**

**6:30pm Evening Service**



**New Fitness Class** for older adults is starting Monday the 25<sup>th</sup> March 3pm – 4 pm



**Nationally registered exercise professional (nrpt.co.uk)**

### **Exercise for Older Adults (60+) with Phil**

For 60+ year olds – all levels and abilities

All Saints Church North Drive Cleveleys – every Monday from 25 March 2024 3pm to 4pm

Pay as you go £7 per class or £96 for 16-week package.

Meet in the main church activity hall.



### **Improve your:**

muscular endurance,  
cardiovascular  
endurance, body fat  
composition, balance,  
coordination, flexibility,  
agility and overall  
fitness, health and  
well-being, in a safe,  
social and fun  
environment

A versatile fitness professional, I am a member of the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA.co.uk) and The British Association of Sport and Exercise Sciences (BASES.org.uk). I offer a variety of other personal or group fitness and nutrition classes too, including specialist ones dedicated to performance development, older adults, adolescents and people with a range of health conditions. Please visit my website or contact me for more information.

### **Contact information**

Website – [www.wolstanholme.fitness](http://www.wolstanholme.fitness)

Mobile – 07741357690

Email – [phil.k.wolstanholme.fitness@gmail.com](mailto:phil.k.wolstanholme.fitness@gmail.com)